

Netaji Subhash College, Belbhata, Abanpur
WEEKLY TIME - TABLE FOR MONDAY TO SATURDAY-B.P.Ed. IIIrd Sem. July-2018

With Effect From - **02.07.2018**

Day / TIME	6:45 TO 7:30 AM.	7:30 TO 8:10 AM.	8:10 TO 8:50 AM.	8:50 TO 9:00 AM.	9:00 TO 09:40 AM.	09:40 TO 10:20 AM.	10:20 TO 10:50 AM.	10:50 TO 11:30 AM.	11:30 TO 12:10 PM.	12:10 TO 12:20 PM.	12:20 TO 01:00 PM.	01:00 TO 01:40 PM.	01:40 TO 02:10 PM.
Monday	CONDITIONING & WARM UP	PRACTICAL- TRACK & FILED- THROWING EVENTS	PRACTICAL- VOLLEY BALL/ HAND BALL	Short Break	PRACTICAL- JUDO/ WRESTLING	PRACTICAL- SPECIFIC LESSON PLAN- TEAM GAME	Break fast	THEORY - PAPER- BTC-301, SPORTS TRAINING (Mr. Naresh Sahu)	THEORY - PAPER- BTC-303, SPORTS PSY. & SOCIO. (Mr. V.K.YADAV)	Short Break	THEORY - PAPER- BTC-302, COM.APP. IN PHY.ED. (Mr. SAGAR)	THEORY - PAPER- BEC-302, SPORTS MED.,PHYSIO., REH. (Dr. SARAL SHARMA)	TUTORIAL/ REMEDIAL CLASSES/ LIBRARY
Tuesday	CONDITIONING & WARM UP	PRACTICAL- TRACK & FILED- THROWING EVENTS	PRACTICAL- VOLLEY BALL/ HAND BALL		PRACTICAL- JUDO/ WRESTLING	PRACTICAL- SPECIFIC LESSON PLAN- TEAM GAME		THEORY - PAPER- BTC-301, SPORTS TRAINING (Mr. Naresh Sahu)	THEORY - PAPER- BTC-303, SPORTS PSY. & SOCIO. (Mr. V.K.YADAV)		THEORY - PAPER- BTC-302, COM.APP. IN PHY.ED. (Mr. SAGAR)	THEORY - PAPER- BEC-302, SPORTS MED.,PHYSIO., REH. (Dr. SARAL SHARMA)	TUTORIAL/ REMEDIAL CLASSES/ LIBRARY
Wednesday	CONDITIONING & WARM UP	PRACTICAL- TRACK & FILED- THROWING EVENTS	PRACTICAL- VOLLEY BALL/ HAND BALL		PRACTICAL- JUDO/ WRESTLING	PRACTICAL- SPECIFIC LESSON PLAN- TEAM GAME		THEORY - PAPER- BTC-301, SPORTS TRAINING (Mr. Naresh Sahu)	THEORY - PAPER- BTC-303, SPORTS PSY. & SOCIO. (Mr. V.K.YADAV)		THEORY - PAPER- BTC-302, COM.APP. IN PHY.ED. (Mr. SAGAR)	THEORY - PAPER- BEC-302, SPORTS MED.,PHYSIO., REH. (Dr. SARAL SHARMA)	TUTORIAL/ REMEDIAL CLASSES/ LIBRARY
Thursday	CONDITIONING & WARM UP	PRACTICAL- TRACK & FILED- THROWING EVENTS	PRACTICAL- VOLLEY BALL/ HAND BALL		PRACTICAL- JUDO/ WRESTLING	PRACTICAL- SPECIFIC LESSON PLAN- TEAM GAME		THEORY - PAPER- BTC-301, SPORTS TRAINING (Mr. Naresh Sahu)	THEORY - PAPER- BTC-303, SPORTS PSY. & SOCIO. (Mr. V.K.YADAV)		THEORY - PAPER- BTC-302, COM.APP. IN PHY.ED. (Mr. SAGAR)	THEORY - PAPER- BEC-302, SPORTS MED.,PHYSIO., REH. (Mr. A.JAISHWAL)	TUTORIAL/ REMEDIAL CLASSES/ LIBRARY
Friday	CONDITIONING & WARM UP	PRACTICAL- TRACK & FILED- THROWING EVENTS	PRACTICAL- VOLLEY BALL/ HAND BALL		PRACTICAL- JUDO/ WRESTLING	PRACTICAL- SPECIFIC LESSON PLAN- TEAM GAME		THEORY - PAPER- BTC-301, SPORTS TRAINING (Mr. Naresh Sahu)	THEORY - PAPER- BTC-303, SPORTS PSY. & SOCIO. (Mr. V.K.YADAV)		THEORY - PAPER- BTC-302, COM.APP. IN PHY.ED. (Mr. SAGAR)	THEORY - PAPER- BEC-302, SPORTS MED.,PHYSIO., REH. (Mr. A.JAISHWAL)	TUTORIAL/ REMEDIAL CLASSES/ LIBRARY
Saturday	INTRAMURAL EVENTS												

Theory Class Room :- **4**